Café BREAK Nov 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 **Seven Layer Lunch**	5	6	7
8	9	10	11 **NO LUNCH**	12	13	14
15	16	17	18 ***Pork Tenderloin**	19	20	21
22	23	24	25 ***Delicious Chicken**	26	27	28
29	30	Dec 1	Dec 2 **Holiday Luncheon**			

MORE INFO

Ordering
Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 or seniors@rmofheadingley.ca

Cost
$10/meal

Delivery
Available within Headingley and provided at no additional cost

In-Person
Lunch served at 12:00 at the Headingley Community Centre
5353 Portage Avenue

***Menu subject to change without notice*

Nov 11: Remembrance Day- NO LUNCH

Nov 18: Lunch & Movie

Nov 25: L&L on Safe & Healthy Homes for Seniors Grant w/ Reliable Mobility

Dec 2: Catered Holiday Luncheon- $25/ pp