



Café BREAK

Oct 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			SEPT 30 NO LUNCH	1	2	3
4	5	6	7 *Sloppy Joes	8	9	10
11	12	13	14 *Farmer's Sausage	15	16	17
18	19	20	21 Mexican Taco Mix	22	23	24
25	26	27	28 NO LUNCH	29	30	31

MORE INFO

Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 or seniors@rmofheadingley.ca

Cost

\$10/meal

Delivery

Available within Headingley and provided at no additional cost

In-Person

Lunch served at 12:00 at the Headingley Community Centre
5353 Portage Avenue

***Menu subject to change without notice*

Sept 30: NO Lunch- Truth & Reconciliation Day

***Oct 7: Lunch & Learn Museum in a Suitcase**

***Oct 14: Lunch & Learn Home Care & Housing**

Oct 28: NO Lunch- Municipal Election