



Café BREAK

Sept 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Sweet & Sour Meatballs	3	4	5
6	7	8	9 Chicken Souvlaki	10	11	12
13	14	15	16 Annual HSS BBQ	17	18	19
20	21	22	23 Lazy Lasagna	24	25	26
27	28	29	30 NO LUNCH			

MORE INFO

Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 or seniors@rmofheadingley.ca

Cost

\$10/meal

Delivery

Available within Headingley and provided at no additional cost

In-Person

Lunch served at 12:00 at the Headingley Community Centre
5353 Portage Avenue

***Menu subject to change without notice*

***Sept 16: Annual HSS BBQ featuring Magician Evan Morgan (\$5/pp)**

***Sept 30: NO Lunch (National Day for Truth & Reconciliation)**