



# MAY 2026

Programs = Green Events = Red  
 Café BREAK = Magenta Lunch & Learn = Orange

## SENIORS' SERVICES CALENDAR OF EVENTTS

SUN	MON	TUES	WED	THURS	FRI	SAT
					1 POLE WALKING 10-11	2
3	4 HELPING HANDS 1-3	5 GOLDEN GAMES 1-3	6 CAFE BREAK LUNCH CANCELLED- NO MEAL TODAY	7 FOOT CLINIC 9-4 LNOBA COFFEE & CONVERSATION 10-11:30 CRIB & COFFEE 1-3	8 POLE WALKING 10-11	9
10	11 HELPING HANDS 1-3	12 GOLDEN GAMES 1-3	13 CAFE BREAK 12PM GAMES WITH MHRD L&L 1PM	14 CRIB & COFFEE 1-3 CAREGIVER SUPPORT GROUP 1PM	15 POLE WALKING 10-11	16
17	18 CLOSED FOR STAT- NO PROGRAMS	19 UKULELE JAM 10-11:30 GOLDEN GAMES 1-3	20 CAFE BREAK 12PM	21 CRIB & COFFEE 1-3	22 POLE WALKING 10-11	23
24	25 HELPING HANDS 1-3	26 FOOT CLINIC 9-4 UKULELE JAM 10-11:30 GOLDEN GAMES 1-3	27 CAFE BREAK 12PM ASK THE MAYOR L&L WITH JIM ROBSON 1PM	28 CRIB & COFFEE 1-3	29 POLE WALKING 10-11	30