



Café BREAK

Apr 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Pickarel (LUNCH FULL)	2	3	4
5	6	7	8 Shepherd's Pie	9	10	11
12	13	14	15 *Ham Casserole	16	17	18
19	20	21	22 *Chicken Burritos	23	24	25
26	27	28	29 Lasagna	30		

MORE INFO

Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 or seniors@rmofheadingley.ca

Delivery

Available within Headingley and provided at no additional cost

In-Person

Lunch served at 12:00 at the Headingley Community Centre

***Menu subject to change without notice*

***Apr 15: Lunch & Bingo**

***Apr 22: L&L with Hans Arnold Photography**