



MARCH 2026

Programs = Green Events = Red
 Café BREAK = Magenta Lunch & Learn = Orange

SENIORS' SERVICES CALENDAR OF EVENTS

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 HELPING HANDS 1-3	3 UKULELE TOGETHER 10-12 GOLDEN GAMES 1-3	4 CAFÉ BREAK 12-1	5 CRIB & COFFEE 1-3	6 POLE WALKING 10-11	7
8	9 HELPING HANDS 1-3	10 UKULELE TOGETHER 10-12 GOLDEN GAMES 1-3	11 L&L: CAFÉ BREAK 12-1 PRESENTATION BY STEPHEN BRITTON 1-2	12 FOOT CLINIC 9-4 CRIB & COFFEE 1-3	13 POLE WALKING 10-11	14
15	16 HELPING HANDS 1-3	17 GOLDEN GAMES 1-3	18 CAFÉ BREAK 12-1	19 CRIB & COFFEE 1-3	20 POLE WALKING 10-11	21
22	23 HELPING HANDS 1-3	24 FOOT CLINIC 9-4 UKULELE JAM 10-11:30 GOLDEN GAMES 1-3	25 CAFÉ BREAK 12-1	26 CRIB & COFFEE 1-3 SPRING BREAK: NO HSS OFFICE STAFF →	27 POLE WALKING 10-11	28
29	30 HELPING HANDS 1-3 NO HSS STAFF →	31 UKULELE JAM 10-11:30 GOLDEN GAMES 1-3	APRIL 1 CAFÉ BREAK 12-1 (SIGN UP BY MAR 25)	PLEASE NOTE: Programs are able to continue during spring break with the help of community centre staff and volunteers. Thank you!		