



Café BREAK

Mar 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Hamburger Soup	5	6	7
8	9	10	11 *Pork Tenderloin	12	13	14
15	16	17	18 Spaghetti	19	20	21
22	23	24	25 Chicken Alfredo	26	27	28
29	30	31	April 1 Pickerel	2	3	4

MORE INFO

Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 or seniors@rmofheadingley.ca

Delivery

Available within Headingley and provided at no additional cost

In-Person

Lunch served at 12:00 at the Headingley Community Centre

***Menu subject to change without notice*

***Mar 11: L&L Frontier Relationships by Stephen Britton**

Please note: April 1 meal must be ordered by Mar 25