



FEBRUARY 2026

Programs = Green Events = Red
 Café BREAK = Magenta Lunch & Learn = Orange

SENIORS' SERVICES CALENDAR OF EVENTS

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 HELPING HANDS 1-3	3 UKULELE TOGETHER 10-12 GOLDEN GAMES 1-3	4 CAFÉ BREAK 12-1 ACTIVE AGING DAY 1-3	5 CRIB & COFFEE 1-3	6 POLE WALKING 10-11	7
8	9 HELPING HANDS 1-3	10 REMINDER: NO UKUELE TOGETHER GOLDEN GAMES 1-3	11 CAFÉ BREAK 12-1	12 FOOT CLINIC 9-4 CRIB & COFFEE 1-3	13 POLE WALKING 10-11	14
15	16 REMINDER: CLOSED FOR LOUIS RIEL DAY NO PROGRAMS	17 UKULELE TOGETHER 10-12 GOLDEN GAMES 1-3	18 CAFÉ BREAK 12-1	19 CRIB & COFFEE 1-3	20 POLE WALKING 10-11	21
22	23 HELPING HANDS 1-3	24 FOOT CLINIC 9-1 UKULELE TOGETHER 10-12 GOLDEN GAMES 1-3	25 L&L: CAFÉ BREAK 12-1 READING ON DEVICES 1-2	26 CRIB & COFFEE 1-3	27 POLE WALKING 10-11	28