



# Café BREAK

# Jan 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Years Day- NO MEAL	2	3	4
5	6	7	8 Sweet & Sour Meatballs	9	10	11
12	13	14	15 Perogies & Sausage	16	17	18
19	20	21	22 Chicken Pot Pie	23	24	25
26	27	28	29 Soup & Sandwich	30	31	

## MORE INFO

### Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 ext. 3 or [seniors@rmofheadingley.ca](mailto:seniors@rmofheadingley.ca)

### Cost

\$10/meal

### Delivery

Available within Headingley and provided at no additional cost

### In-Person

Lunch served at 12:00 at the Headingley Community Centre  
5353 Portage Avenue

*\*\*Menu subject to change without notice*

**\*Jan 15: Lunch & Learn: 'Understanding Dementia'**  
**\*Jan 29: Lunch & a Movie**