



Café BREAK

July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Sweet & Sour Chicken	4	5	6
7	8	9	10 Santa Fe Salad	11	12	13
14	15	16	17 Pork Tenderloin	18	19	20
21	22	23	24 NO MEAL (cc closed)	25	26	27
28	29	30	31 *Soup & Sandwich			

MORE INFO

Ordering

Orders must be placed the Friday prior to desired meal by contacting the office at (204) 889-3132 ext. 3 or seniors@rmofheadingley.ca

Cost

\$10/meal

Delivery

Available within Headingley and provided at no additional cost

In-Person

Lunch served at 12:00 at the Headingley Community Centre
5353 Portage Avenue

**Menu subject to change

*July 31: Lunch & a Movie